

Bike Oxford

Sunday 3rd July 2022

On-the-Day Event Details

About the event

Thank you for signing up for the 9th Bike Oxford.

The event is designed by Iconic Cycling Events, the specialist cycling division of Breathing Space. The event will attract around 500 cyclists where riders will complete either short (25), medium (45) or long (79) mile routes (there is some minor flexibility on the distances) from Oxford University RFC (OURFC)

This year the event will support [Helen and Douglas House](#) and we are grateful to all those organisations which have sponsored, supported, and entered as teams or individuals.

We look forward to seeing you on the day and are very grateful to you for your support!

Location and Parking

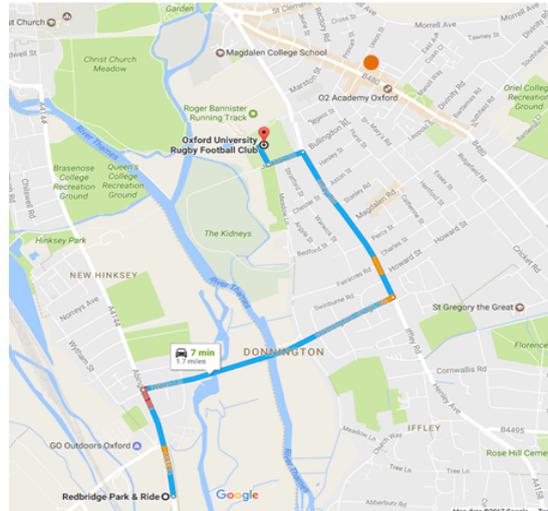
Oxford University Rugby Club, Jackdaw Lane, Iffley Road, Oxford, OX4 1SR - [view on Google Maps](#)

Oxford City and Oxfordshire County Councils are keen to promote cycling in the city and reduce congestion.

There is no parking available at the venue (red marker on the map below) so we encourage all riders arriving by car to use the Park and Ride facilities at Redbridge (black marker on the map, a short flat ride from the start), the Pay and Display long stay car park on Union Street (orange circle on map below) or suitable on street parking.

The Park and Ride facility at Redbridge has a barrier restriction meaning that cars with bicycles on the roof are unable to enter. Therefore, if you are parking here, you will either need to have your bicycle in the boot of your car or remove it prior to entering the car park.

The Union Street long stay car park has no such restrictions.



Timings - Sunday 3rd July 2022

- 7.00 am Hot & Cold drinks available to purchase at the rugby club.
- 7.15 am Check in opens for the 79-mile route.
- 7.30-8.30am Long route (79 miles) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals.
- 8.30-9.30am Medium route (45 miles) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals.
- 9.30-10.15am Short route (25 miles) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals.
- 11.30am Riders will start to return to the start venue.
- 4.00pm: Close and depart.

Rider Maps & Emergency Details

Whilst the route is comprehensively marked, riders may want to use the simple map as an aid.

We ask that all riders carry with them in a printed format and accessible in a pocket (perhaps with your phone), their name, address, emergency contact details and any medical information.

Check-In

Rider check-in will be organised by route distance and surname. Please follow the signs directing you to the start..

Check-in will open at 07:15 on Sunday 3rd for riders on the Long (79 mile) route.

If you know someone who will be registering on the day, please note that card payment only is possible.

You will be asked to show your rider information sheet as proof of entry.

Facilities at Check-In

Teas, coffees and snacks will be available to purchase on Sunday morning.

There will be a bag drop area for those riders wanting to leave a bag during the event. There are toilet facilities at the start area.

GPX and TCX Files

You will be sent GPX and TCX files for each of the routes either 10 days prior to the event or shortly after you sign up if you are a late booker. Alternatively you can download them from our Strava profile:

SHORT ROUTE <https://www.strava.com/routes/2969998353559328754>

MEDIUM ROUTE <https://www.strava.com/routes/2969997147409031424>

LONG ROUTE <https://www.strava.com/routes/2969997295158368512>

The support team will be marking the routes up to and on Saturday 2nd July and adjustments to a route may be required. The Ride Director will advise of any changes to routes at the ride briefing immediately before you set off.

Rider Safety and Etiquette

Please remember that Bike Oxford is a sportive and, as such, is in no way competitive. Riders should ensure they obey the Highway Code at all times and ride in a safe and responsible manner at all times.

You must wear a hard-shell helmet and will not be permitted to ride without one.

Toilets

There are toilet facilities at Oxford University Rugby Club. Please be sensitive to residents and other road users if you are caught short along the way and either bin or bring back any litter.

Riding with Children

Please ensure that you have returned a parental consent form to us if you are riding with an Under-16 or riding alone as a 16-18 year-old. A blank parental consent form is attached to this email.

Route Signage

The route will be marked throughout with white arrows on red backgrounds, before, on, and after all significant junctions. Caution signs are placed where cyclists should be extra vigilant.

Particular points on the route e.g. *Feed stations and route splits* will have signs with black writing on a yellow background. An example of each of these signs is below.



In the event of you becoming aware that signage has disappeared or been changed, we ask that you inform Event Control at the earliest opportunity.

Feed Stations

79 mile route. There are 3 stops on the long route. Barton Memorial Sports Ground (21), Lower Oddington Village Hall (40) and Combe Reading Room (60)

45 mile route. There is one feed stop on the medium route at Barton Memorial Sports Ground (21).

25 mile route. There are no stops on the short (25 mile) routes.

The feed stop will be stocked with a range of healthy and high energy food products, as well as water. However, we would emphasise that riders should bring sufficient supplies with them for their ride and if you have specific hydration or energy products or dietary needs then please carry these with you.

Feed station partners:



www.fyffes.com



www.nurhu.com

Rider Support

We will have support vehicles out on the course but riders are expected to be self-sufficient.

We recommend carrying two spare inner tubes, a pump, and any necessary tools with you. You should also carry some cash, a form of ID, a mobile phone and your usual brand of energy products.

By signing our terms and conditions and entering the ride, all riders must have:

- Personal identification (with medical information)
- Emergency contact (Name and phone)
- Helmet
- Mobile phone
- Money/bank card
- Water bottle (full), x 2 if hot weather forecast
- Puncture repair kit plus, pump and tyre levers
- Snacks and energy products
- Sun cream
- Waterproof jacket

Broom Wagon:

We will start to clear the courses mid-afternoon and would expect to have all riders home by 16:00. A dedicated vehicle will drive the routes as the courses close, potentially able to pick up riders who have to withdraw from the event at that stage. If the broom wagon finds you out on the course while clearing you will have the option of taking a lift, subject to capacity in the vehicle, or carrying on without route markers. If you abandon before the finish or anticipate arriving after 17:00 please ensure you call Event Control to notify them.

Medals:

All riders will receive a finisher's medal.

Post Event Food and Drink:

Post-event food will be provided at the event village. Drinks will be available to purchase. Payment will only be accepted by contactless card.

First Aid Cover

There will be first aid trained staff at the event, at all the feed stops, and on our support vehicles that will be out along the route who can offer assistance for minor/non-emergency issues (contactable via event control; Event Control tel no. - 07528 055110). Please note, for serious incidents and some back injuries, we are unable to transport any casualties and the emergency services will be called.

Riders should always use their common sense and contact the emergency services where necessary. Please do inform the race organisers (using the event control number shown on the rider information sheet) of any major incident.

Emergencies and communications

Details of what to do in case of an emergency will be covered in the brief at the ride start and are summarised on the rider map. Please be aware that areas on the routes may be out of mobile phone signal. Riders are asked to look out for each other and report any accidents or mechanical problems to Event Control, the support vehicles or the event team at the feed stations.

Insurance:

Bike Bath carries a public liability insurance policy, limited to £10,000,000 for legal liabilities arising from claims made against an event organiser, official or participant that involves either bodily injury or property damage to a third party. **We recommend all riders to have their own personal cover.**

Clear Away:

Very occasionally, for a range of reasons, riders are delayed in returning to the event village (starting late, long lunch, getting lost, mechanical problems). Whilst we want to ensure all riders have a memorable and enjoyable day, we will start to dismantle the event villages from 4pm and riders should be aware of this.

Charities:

We have riders taking part in the event, raising money for a large number of charities this year including our supported charity [Helen & Douglas House](#). Full details of these can be found on our website.

Covid-19 Protocols and Measures:

Based on our experience of delivering events in 2021, the team at Bike Oxford would like to make you aware of a number of protocols and measures in-place to protect riders and staff at the event.

We have a dedicated COVID officer to ensure all guidelines and regulations are followed. **If you have any of the main symptoms of COVID (a high temperature, a new, continuous cough and a loss or change to your sense of smell or taste) or feel unwell, please stay at home.**

Although the event is outside, there will be social distancing markers in all areas when queueing is required – please adhere to these. 'Inside' areas (i.e. gazebos and toilets) will have a maximum capacity which will be clearly indicated.

There will be hand sanitizer located around the site (e.g. water filling stations and toilets) and you must use this when using the facilities. Please also ensure you have your own.

We will not be accepting cash on the day. Instead, we will be operating a **contactless card payment** system for the bar and post-ride food.

We look forward to seeing you and hope that you have a great day!

Bike Oxford partners:

We would like to say a huge thank you to all our sponsors and friends of Bike Oxford:



Iconic Cycling Events insurance partners:



Bikmo cycle insurance offers cyclists peace-of-mind protection against theft and accidental damage of your bike(s) and kit. Bikmo is offering all Bike Oxford participants an exclusive 10% discount* on a Bikmo policy. To redeem the discount use the code "ICONIC10" whilst obtaining your quote, or [click this link to get your discounted quote](#).

Bikmo also offers an incredible 25% lower premium for electric bikes plus a multi-bike saving up to 50%* should you need to insure more than one bike in your household.

T's & C's apply

*Minimum premium applies

Bikmo Limited is authorised and regulated by the Financial Conduct Authority ref: 745230.



Being a cyclist improves your spatial awareness as you drive a car and makes you a better driver. Carinsurance4cyclists rewards you with a discount on your car insurance.

Find out how much you can save [by clicking here](#). If your renewal is not due please register the renewal date and we will get back in touch with you nearer the time.